

DEALING WITH YOUR MOST COMMON STRUGGLES

Discouragement

Nehemiah 4:10 Then the people of Judah began to complain, “The workers are getting tired, and there is so much rubble to be moved. We will never be able to build the wall by ourselves.”

11 Meanwhile, our enemies were saying, “Before they know what’s happening, we will swoop down on them and kill them and end their work.”

12 The Jews who lived near the enemy came and told us again and again, “They will come from all directions and attack us!”

Why We Become Discouraged

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How To Overcome Discouragement

To Be Influenced By The Negative Voices

4:4 Then I prayed, "Hear us, our God, for we are being mocked. May their scoffing fall back on their own heads, and may they themselves become captives in a foreign land!

5 Do not ignore their guilt. Do not blot out their sins, for they have provoked you to anger here in front of the builders."

4:13 So I placed armed guards behind the lowest parts of the wall in the exposed areas. I stationed the people to stand guard by families, armed with swords, spears, and bows.

The Lord

14 Then as I looked over the situation, I called together the nobles and the rest of the people and said to them, "Don't be afraid of the enemy! Remember the Lord, who is great and glorious,...

4:14 ...fight for your brothers, your sons, your daughters, your wives, and your homes!"