

FORGIVENESS

Forgiving Ourselves

Why We Don't Forgive Ourselves

_____ To Receive God's Forgiveness

Romans 5:16 And the result of God's gracious gift is very different from the result of that one man's sin. For Adam's sin led to condemnation, but we have the free gift of being accepted by God, even though we are guilty of many sins.

Ephesians 2:8 God saved you by his special favor when you believed. And you can't take credit for this; it is a gift from God.

9 Salvation is not a reward for the good things we have done, so none of us can boast about it.

_____ To Acknowledge Our Depravity

Galatians 5:17 The old sinful nature loves to do evil, which is just opposite from what the Holy Spirit wants. And the Spirit gives us desires that are opposite from what the sinful nature desires. These two forces are constantly fighting each other, and your choices are never free from this conflict.

_____ Over Past Sins

2 Corinthians 7:10 For God can use sorrow in our lives to help us turn away from sin and seek salvation. We will never regret that kind of sorrow. But sorrow without repentance is the kind that results in death.

_____ To Failure

2 Corinthians 5:15 He died for everyone so that those who receive his new life will no longer live to please themselves. Instead, they will live to please Christ, who died and was raised for them.

Galatians 1:10 Obviously, I'm not trying to be a people pleaser! No, I am trying to please God. If I were still trying to please people, I would not be Christ's servant.

_____ On Our Own Standard

Romans 3:28 So we are made right with God through faith and not by obeying the law.

How Do We Forgive Ourselves?

_____ God's Forgiveness

1 John 1:9 But if we confess our sins to him, he is faithful and just to forgive us and to cleanse us from every wrong.

_____ That I Am Only Answerable To God's Standard

Psalm 51:4 Against you, and you alone, have I sinned; I have done what is evil in your sight. You will be proved right in what you say, and your judgment against me is just.

5 For I was born a sinner - yes, from the moment my mother conceived me.

6 But you desire honesty from the heart, so you can teach me to be wise in my inmost being.

7 Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow.

Psalm 103:8 The LORD is merciful and gracious; he is slow to get angry and full of unfailing love.

9 He will not constantly accuse us, nor remain angry forever.

Revelation 12:10 Then I heard a loud voice shouting across the heavens, "It has happened at last - the salvation and power and kingdom of our God, and the authority of his Christ! For the Accuser has been thrown down to earth - the one who accused our brothers and sisters before our God day and night.

_____ Ourselves With Worship

Psalm 100:2 Worship the LORD with gladness. Come before him, singing with joy.

3 Acknowledge that the LORD is God! He made us, and we are his. We are his people, the sheep of his pasture.

4 Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and bless his name.

5 For the LORD is good. His unfailing love continues forever, and his faithfulness continues to each generation.

Hebrews 9:14 Just think how much more the blood of Christ will purify our hearts from deeds that lead to death so that we can worship the living God. For by the power of the eternal Spirit, Christ offered himself to God as a perfect sacrifice for our sins.

_____ Others

Matthew 6:15 But if you refuse to forgive others, your Father will not forgive your sins.

Mark 11:25 But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too."

_____ This Over And Over Until It Is A Part Of Your Life

Psalm 86:5 O Lord, you are so good, so ready to forgive, so full of unfailing love for all who ask your aid.

Colossians 1:14 God has purchased our freedom with his blood and has forgiven all our sins.