

# I Am

THE BREAD

## WHAT YOU \_\_\_\_\_ ON IS WHAT YOU \_\_\_\_\_

**John 6:24** So when the crowd saw that neither Jesus nor his disciples were there, they got into the boats and went across to Capernaum to look for him.

<sup>25</sup> They found him on the other side of the lake and asked, "Rabbi, when did you get here?"

<sup>26</sup> Jesus replied, "I tell you the truth, you want to be with me because I fed you, not because you understood the miraculous signs. <sup>27</sup>But don't be so concerned about perishable things like food. Spend your energy seeking the eternal life that the Son of Man can give you. For God the Father has given me the seal of his approval."

<sup>28</sup> They replied, "We want to perform God's works, too. What should we do?"

<sup>29</sup> Jesus told them, "This is the only work God wants from you: Believe in the one he has sent."

<sup>30</sup> They answered, "Show us a miraculous sign if you want us to believe in you. What can you do? <sup>31</sup>After all, our ancestors ate manna while they journeyed through the wilderness! The Scriptures say, 'Moses gave them bread from heaven to eat.'"

<sup>32</sup> Jesus said, "I tell you the truth, Moses didn't give you bread from heaven. My Father did. And now he offers you the true bread from heaven. <sup>33</sup>The true bread of God is the one who comes down from heaven and gives life to the world."

<sup>34</sup> "Sir," they said, "give us that bread every day."

<sup>35</sup> Jesus replied, "I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty."

<sup>40</sup> For it is my Father's will that all who see his Son and believe in him should have eternal life. I will raise them up at the last day."

<sup>51</sup> I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world."

<sup>52</sup> Then the people began arguing with each other about what he meant. "How can this man give us his flesh to eat?" they asked.

<sup>53</sup> So Jesus said again, "I tell you the truth, unless you eat the flesh of the Son of Man and drink his blood, you cannot have eternal life within you. <sup>54</sup>But anyone who eats my flesh and drinks my blood has eternal life, and I will raise that person at the last day. <sup>55</sup>For my flesh is true food, and my blood is true drink.

<sup>56</sup> Anyone who eats my flesh and drinks my blood remains in me, and I in him.

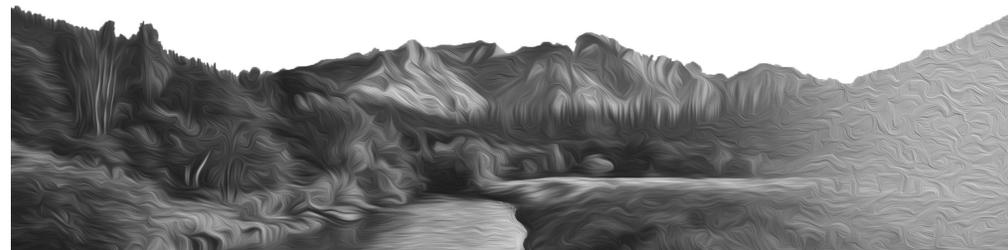
<sup>57</sup> I live because of the living Father who sent me; in the same way, anyone who feeds on me will live because of me. <sup>58</sup> I am the true bread that came down from heaven. Anyone who eats this bread will not die as your ancestors did (even though they ate the manna) but will live forever."

<sup>61</sup> Jesus was aware that his disciples were complaining, so he said to them, "Does this offend you? <sup>62</sup> Then what will you think if you see the Son of Man ascend to heaven again? <sup>63</sup> The Spirit alone gives eternal life. Human effort accomplishes nothing.

<sup>66</sup> At this point many of his disciples turned away and deserted him. <sup>67</sup> Then Jesus turned to the Twelve and asked, "Are you also going to leave?"

<sup>68</sup> Simon Peter replied, "Lord, to whom would we go? You have the words that give eternal life. <sup>69</sup> We believe, and we know you are the Holy One of God.

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