PUTTING AN END TO PROCRASTINATION

Exodus 8:1 Then the Lord said to Moses, "Go back to Pharaoh and announce to him, 'This is what the Lord says: Let my people go, so they can worship me.

- 2 If you refuse to let them go, I will send a plague of frogs across your entire land.
- 3 The Nile River will swarm with frogs. They will come up out of the river and into your palace, even into your bedroom and onto your bed! They will enter the houses of your officials and your people. They will even jump into your ovens and your kneading bowls.
- 4 Frogs will jump on you, your people, and all your officials."
- 5 Then the Lord said to Moses, "Tell Aaron, 'Raise the staff in your hand over all the rivers, canals, and ponds of Egypt, and bring up frogs over all the land.'"
- 6 So Aaron raised his hand over the waters of Egypt, and frogs came up and covered the whole land!
- 7 But the magicians were able to do the same thing with their magic. They, too, caused frogs to come up on the land of Egypt.
- 8 Then Pharaoh summoned Moses and Aaron and begged, "Plead with the Lord to take the frogs away from me and my people. I will let your people go, so they can offer sacrifices to the Lord."
- 9 "You set the time!" Moses replied. "Tell me when you want me to pray for you, your officials, and your people. Then you and your houses will be rid of the frogs. They will remain only in the Nile River."
- 10 "Do it tomorrow," Pharaoh said. "All right," Moses replied, "it will be as you have said. Then you will know that there is no one like the Lord our God.
- 11 The frogs will leave you and your houses, your officials, and your people. They will remain only in the Nile River."
- 12 So Moses and Aaron left Pharaoh's palace, and Moses cried out to the Lord about the frogs he had inflicted on Pharaoh.
- 13 And the Lord did just what Moses had predicted. The frogs in the houses, the courtyards, and the fields all died.
- 14 The Egyptians piled them into great heaps, and a terrible stench filled the land.
- 15 But when Pharaoh saw that relief had come, he became stubborn. He refused to listen to Moses and Aaron, just as the Lord had predicted.

The Cause Of Procrastination

Indecision

James 1:6 But when you ask him, be sure that your faith is in God alone. Do not waver, for a person with divided loyalty is as unsettled as a wave of the sea that is blown and tossed by the wind.

7 Such people should not expect to receive anything from the Lord. 8 Their loyalty is divided between God and the world, and they are unstable in everything they do.

Ecclesiastes 11:4 Farmers who wait for perfect weather never plant. If the watch every cloud, they never harvest.	ey
Proverbs 29:25 Fearing people is a dangerous trap, but trusting the Lord means safety.	ł
Isaiah 48:4 For I know how stubborn and obstinate you are. Your necks are as unbending as iron. Your heads are as hard as bronze.	
Laziness	
Proverbs 13:4 Lazy people want much but get little, but those who work hard will prosper.	
The Cost Of Procrastination	
It Wastes	
Ephesians 5:16 Make the most of every opportunity in these evil days. 17 Don't act thoughtlessly, but understand what the Lord wants you to de)
It Creates	
Proverbs 15:19 A lazy person's way is blocked with briers, but the path of the upright is an open highway.	of
It Hurts	
Proverbs 18:9 A lazy person is as bad as someone who destroys things.	
It Prevents	
James 4:17 Remember, it is sin to know what you ought to do and then not do it.	

Perfectionist

The Cure For Procrastination
Making Excuses
Proverbs 24:12 Don't excuse yourself by saying, "Look, we didn't know." For God understands all hearts, and he sees you. He who guards your soul knows you knew. He will repay all people as their actions deserve.
Believe That God Will Help
Mark 9:23 "What do you mean, 'If I can'?" Jesus asked. "Anything is possible if a person believes."
Philippians 4:13 For I can do everything through Christ, who gives me strength.
A Deadline And Schedule A Time To Start And Stick With It
Proverbs 13:16 Wise people think before they act; fools don't—and even brag about their foolishness.
Proverbs 16:3 Commit your actions to the Lord, and your plans will succeed.
Galatians 6:9 So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.
For A Spiritual Partner
Romans 1:12 When we get together, I want to encourage you in your faith, but I also want to be encouraged by yours.
Now
Proverbs 27:1 Don't brag about tomorrow, since you don't know what the day will bring.
2 Corinthians 6:1 As God's partners, we beg you not to accept this marvelous gift of God's kindness and then ignore it. 2 For God says, "At just the right time, I heard you. On the day of salvation, I helped you." Indeed, the "right time" is now. Today is the day of

salvation.